



Values Assessment Worksheet

Your “purpose” in life has a lot to do with what kind of impact you want to make in the world and the way you want to live. This is made clear and defined by your values.

1. Circle the values that are most important to you.

Achievement/accomplishment	Financial security	Learning
Belonging to a group	Fitness/Health	Patriotism
Being caring/compassionate	Friendships	Repairing or fixing something
Being courageous	Fun	Resourcefulness
Creativity	Happiness	Respect
Creating change	Helping others/serving people	Responsibility
Entrepreneurship	Independence	Spirituality
Fame	Integrity/Honesty/Fairness	Strength
Family happiness	Leadership	Teamwork

2. Put a star by the values you think were most important to Americans who worked to win WWII?

3. Do you think that the values that are important to YOU are the same as the values that were important during WWII? Why or why not? Answer on back.



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